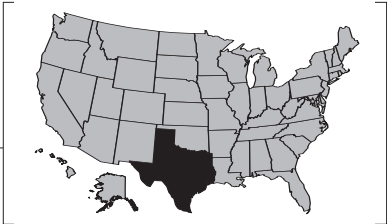


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



Texas

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	19.1
Age 10-11	21.9	29.1
Age 12-14	14.4	15.0
Age 15-17	10.7	17.1
0-99% Federal poverty level	22.4	27.3
100-199% Federal poverty level	19.0	24.3
200-399% Federal poverty level	13.7	18.5
400% Federal poverty level or more	9.1	10.7
Male	18.1	23.4
Female	11.5	15.1
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	73.9
Age 10-11	78.2	82.2
Age 12-14	74.2	74.9
Age 15-17	63.3	66.5
Male	76.8	77.3
Female	65.6	70.5
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	55.8
Age 10-11	61.5	53.6
Age 12-14	61.6	59.7
Age 15-17	53.4	52.6
Male	62.1	56.3
Female	55.0	55.2
Percent of children with at least one parent who exercises regularly	72.9	72.5